

From the M1

- Exit at Junction 14 and follow the signs to Milton Keynes
- At the first roundabout take the third exit onto Portway (H5)
- Continue straight on and at the fifth roundabout turn right into Marlborough Street (V8).
- Continue straight across the next roundabout and take the second turn on the left into Sunrise Parkway.
- Capital Drive is the first road on the right and Linford Wood House is immediately on the left.

From the A5 Central Milton Keynes Exit

- Follow the signs to Milton Keynes.
- Continue straight on at the large roundabout into Portway (H5).
- Turn left at the fifth roundabout onto Marlborough Street (V8) and follow directions as above.

From A5 Milton Keynes North & Newport Pagnell

- Follow signs for Newport Pagnell and turn onto Monks Way (H3)
- At fourth roundabout turn right onto Marlborough Street (V8)
- After @ 100m turn right onto Sunrise Parkway.

(Please note that parking at/near Linford Wood House is very limited)